
Master The Day

Attitude | Action | Accountability

The Attitude Adjustment Chamber

You Must Check At The Door.....

- Your Ego
- Your Sense Of Entitlement
- Your Impatience
- Your Fear
- Your Hope
- Your Anger

You Must Also Leave Behind....

- All grievances related to aspects of yourself dependent on the accident of birth, e.g., how neglected/abused/mistreated/unloved/poor/ill-favored etc. you were when you were born.
- All sense of personal exceptionalness dependent on the accident of birth, e.g., how rich, cute, tall, thin, smart, charming, loveable you were when you were born.
- All of the previous two, based on any subsequent (i.e., post-birth) acquisition of any of these qualities, however honorable or meritoriously earned.

**The only items you get to keep are:
love for the work, will to finish and
passion to serve the ethical, creative
Muse.**

Source: *"Do The Work!"* by Steven Pressfield